

A special Children in Europe one-day conference



An appetite for life? young children, food and eating

Make a weekend of it
at the Edinburgh International
Festival, only half an hour
from Dunfermline.

Edinburgh International Festival 2006
(www.eif.co.uk) will run from 13 August
to 3 September and features world-class
performances of opera, theatre and dance.

The Edinburgh Fringe, Book and Film
Festivals and Military Tattoo all run
concurrently. For more information
visit www.edfringe.com,
www.edbookfest.co.uk,
www.edfilmfest.org.uk and
www.edintattoo.co.uk

25 August 2006

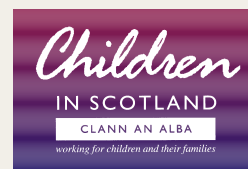
Business, Learning & Conference Centre, Dunfermline

30 minutes by train from Edinburgh city centre

30 minutes by road from Edinburgh airport

45 minutes by road from Glasgow city centre

organised by



The conference

Learning as a young child to understand and enjoy food and eating can help to lay the basis for healthy eating throughout life. This Children in Europe special one-day conference (with overnight accommodation available) will consider the social, cultural and nutritional importance of food and eating for children and examine policies and practice in the UK and Europe.

Conference aims

The conference will consider:

- how young children can be helped to understand and enjoy food and eating
- whether children should be more involved in the planning and preparation of food
- whether new EU legislation will help or hinder this process



The conference fee includes a free copy of issue ten of the Children in Europe magazine, *An appetite for life: young children, food and eating*.

The conference will be co-chaired by **Scottish MSP Wendy Alexander** and **Lisa Harker** of the Daycare Trust in England and includes presentations from Italy, Sweden, Germany and China.

Donatella Giovannini, education co-ordinator for the municipality of Pistoia in Italy, will describe the social and cultural meaning associated with lunchtime in Pistoia nurseries; **Elisabeth Ämting**, pre-school teacher from Skogstrollet förskolan in Sweden will describe the importance of the outdoor experience of eating; **Roger Prott**, training consultant, will discuss the learning opportunities created in German kindergartens. **Guo Yue**, musician and author, will talk about the significance of food to his childhood in China.

Sarah Lambert, deputy head of the European Commission's representation in the UK will outline EU legislation and initiatives to promote healthy diets and tackle obesity.

The conference will also offer an opportunity to hear about the implementation of the Scottish Executive's Hungry for Success programme and its implications for pre-school services, and about the Department for Education and Skills' programmes in England.



Who should attend

This conference is relevant to all those involved in the planning and delivery of food services for young children aged birth to ten including local authority elected members and officers; planners, practitioners and policy makers in early years, education, health and play; schools; family centres; PTAs; SureStart services; and childcare partnerships.

This conference is also of relevance to those involved in the provision of health services for children, including community health practitioners and nutritionists; academics and students of nutrition; catering staff; and anyone involved in the provision of food for young children.

The programme

- 9.00** **Registration and tea/coffee**
- 9.45** **Film: Young children, eating and food: past and present**
- 10.00** **Opening remarks**
Co-chair Wendy Alexander MSP
- 10.15** **Music, food and love: the meaning of food in a Chinese childhood**
Guo Yue, musician and author of *Music, food and love: a memoir* with Clare Farrow, co-author
- 10.35 Questions and discussion
- 10.45** **Tea/coffee break**
- 11.15** **The pleasure of eating**
- Taking time: lunchtime in the nurseries of Pistoia
Donatella Giovannini, education co-ordinator for the municipality of Pistoia (Italy)
 - Eating out: cooking together outdoors in the nurseries of Sweden
Elisabeth Ämting, pre-school teacher, Skogstrollet förskolan (Sweden)
 - Just a meal – or a lesson in life: learning opportunities in Berlin kindergartens
Roger Prott, training consultant (Germany)
- 12.00 Questions and discussion
- 12.30** **Lunch and exhibitions**
- 1.00-1.30 The pleasure of eating: an opportunity to learn more about the Italian, Swedish and German examples
- 2.00** **Welcome back**
Co-chair Lisa Harker, the Daycare Trust
- 2.05** **Implementing Hungry for Success in Scotland’s nurseries and primary schools**
Speaker from North Lanarkshire Council
- 2.25** **The healthy eating programme in England’s nurseries and primary schools**
Representative from the Department for Education and Skills
- 2.45** **Encouraging healthy eating: the EU dimension**
Sarah Lambert, deputy head of the European Commission representation in the UK
- 3.05** **Questions and panel discussion**
- Sarah Lambert, European Commission representation in the UK
 - Bill Gray, Scottish Community Diet Project, Scottish Consumer Council
 - Representative from the Department for Education and Skills
- 3.35** **Closing remarks**
Co-chair Lisa Harker, the Daycare trust
- 3.45** **Close**

Book online at www.childrenscotland.org.uk/eur or return this booking form to:

Lynn Gilmour, Children in Scotland, Princes House, 5 Shandwick Place, Edinburgh EH2 4RG
t: 0131 222 2443 ● f: 0131 228 8585 ● e: lgilmour@childrenscotland.org.uk

Registration fees

	Members		Non-members	
	non-residential	residential	non-residential	residential
Small voluntary organisations/individuals	£140	£240	£170	£270
Statutory bodies/large voluntary organisations	£165	£265	£195	£295

Members' rates are open to all members of Children in Scotland, as well as members of the National Children's Bureau, Children in Wales and Children in Northern Ireland.

The conference hotel, the Holiday Inn, is situated in the grounds of the Business, Learning and Conference Centre, Dunfermline. Residential rates include dinner, bed and breakfast and are for the night of the 24th August. Accommodation is limited, so early booking is advisable.

Booking

Please book a place for the following person at the conference (photocopy this form as necessary):

Name(s): _____ Position: _____

Organisation: _____

Address: _____

Postcode: _____

tel: _____ fax: _____ e-mail: _____

- I wish to book a place as a residential delegate at the following rate: £240 / £265 / £270 / £295 (delete as applicable).
- I wish to book a place as a non-residential delegate at the following rate: £140 / £165 / £170 / £195 (delete as applicable).
- Vegetarian food will be provided. If you have any other dietary or access requirements, please tick this box and let Children in Scotland know the details in writing at least three weeks prior to the event.

Payment

I enclose a cheque/postal order for £ _____ (made payable to Children in Scotland).

Please invoice me at the address above.

Please send the invoice to the following:

Name(s): _____ Position: _____

Organisation: _____

Address: _____

Postcode: _____

tel: _____ fax: _____ e-mail: _____

Cancellations received four weeks before the event will be refunded less a processing charge. Cancellations must be received in writing. No refunds can be made after this date, although substitutions may be made. Although no changes are anticipated, Children in Scotland reserves the right to amend the conference programme at any time.

From time to time we may approach you with information about other projects, events, publications and magazines that Children in Scotland produces or organises. If you do not wish to be contacted, please tick this box . We may occasionally wish to make your details available to other carefully selected organisations. Please tick this box if you do not wish us to do this .